The Middle Zone

News From DMS - March, 2024



MARCH BIRTHDAYS

Anastasia R. - 4

Emma K. - 5

Ann Marie T. - 7

Eddie M.-J. - 10

Elliot J. - 12

Ben E. - 13

Ethan J. - 14

Clark M. - 14

Beau M. - 15

Kora T. - 17

Hailey P. - 18

Carson S. - 18

Kendallyn J.-B. - 19

Adalynn P. - 19

Autumn P. - 19

Maren W. - 21

Brayden S. - 22

Olly H. - 26

Noah K. - 28

Bennett L. - 28

Lois L. - 28

Barbi C.L. - 30

Regina M. - 30

Adam E. - 31

Madilyn S. - 31

SPRING BREAK

Spring is almost here and it's time to take a break!!! School will not be in session from Friday, March 29th -3rd-Friday, April 5th. Start thinking about all those things you want to do safely over your Spring Break!





END OF 3RD QUARTER

Our third quarter will be ending on Wednesday, March 20th. Students will be dismissed at noon. Students are encouraged to make the most of the remaining weeks in the quarter. There still is time to improve those grades! Do your homework!



BREAKFAST

Regular:	
Daily	\$2.05
Reduced:	
Daily	.30

LUNCH

<u>Regular:</u>	
Monthly	\$59.85
Weekly	15.75
Daily	3.15
Reduced:	
Monthly	\$7.60
Weekly	2.00
Daily	.40

MILK

Weekly	\$1.75
Daily	.35

UPDATE INFORMATION

It is very important to have current phone numbers, addresses and emergency contact information for all students on file. If you have had any changes in these areas, please notify the office to update your information.

The Principal's Post

Greetings Dodgeville Middle School Families,

The Middle School Dodgers would love to thank the community for their support of the amazing things that happen at DMS on a daily basis. From your support of the STORES project, attending Parent/Teacher Conferences, partnering with administration and staff, to your ongoing encouragement of your student's education, we thank you. We appreciate your commitment to our school community and that continued collective approach is what makes our school one that I am proud to be a part of.

I would like to recognize some other amazing things that happen here at Dodgeville Middle School, and the incredible staff and students who make these activities successful. We had an incredible musical this past month. Our Math competition participants showed their intelligence. Our band, orchestra and choir students continue to shine, and our winter sports athletes all did an amazing job. We have Student Council and Builders Club engaging in exciting projects, and our clubs are doing everything from making cards and quilts as part of our community outreach, to Art, FFA, GSA, Battle of the Books, DARE, and Performing Arts, all actively engaging our students in the education process. There are great things happening at Dodgeville Middle School!

As we turn the corner and move from winter to spring it is important that we remember to take care of ourselves and share with our young people the importance of self-care and wellbeing. Not only is it important to get plenty of exercise, sleep 8-10 hours, develop good eating habits, and find healthy stress coping strategies, it is also important that we limit our screen time. The importance of modeling these behaviors for our students is very important and can lead to a healthy lifestyle that will continue to pay dividends for years to come.

I would like to take this opportunity to recognize Katie Ihm, our middle school administrative assistant for her 22 years of dedicated service to the Dodgeville School District. We wish her the best of luck in her new endeavors and thank her for all that she has done for students and staff in her career here.

As always it is a great day to be a Dodger!

Toby Tripalin
DMS Principal

Ms. Jenkins' Counselor's Corner

Hello DMS Families! My name is Ms. Jenkins and I am the School Counselor here at DMS. It's hard to believe that we are nearing the end of the third quarter in just a few weeks!

5th Grade Guidance Classes

In February, our 5th graders learned about what qualities make up a healthy friendship, the definition of bullying, how to handle bullying situations and tools they can use when they have conflict with others. In March, we will be watching Natural High videos that were a part of Red Ribbon Week in October and then will move into our Kindness/Gratitude unit before spring break. Ask your students what "BOO" stands for and what their natural highs are.



5th Grade D.A.R.E.

Officer Pepper will be starting D.A.R.E. with the second group of 5th graders in March. As a reminder, D.A.R.E stands for Drug Abuse Resistance Education. The program has 10 lessons ranging from Drug Information for Responsible Decision Making, Peer Pressure, Bullying, Helping Others and much more! Once all 5th graders have completed the program, then they will participate in a Graduation Ceremony at the end of May (more information to come)!





Academic & Career Planning (ACP) & Xello Lessons

The 6th through 8th graders continue to complete their Academic and Career Planning (ACP)/Xello lessons for the year.

The four year planning process for 8th graders will also be starting in March! Ms. Brogley, the School Counselor at the high school will be coming over to work with the 8th graders on their transition to DHS, which includes conversations about what high school will be like, what classes they will be able to take, and creating their four year plans for high school! We will continue to work with them through the month of April to complete their four year plans. We have encouraged the students to start having conversations with their families about this next step in their academic careers and what ideas they have for their lives after high school graduation!

Kindness in the Classroom

In February, we started to pilot a Social and Emotional Learning (SEL) curriculum, called *Kindness in the Classroom* in our advisory classes for all grades. Here is a <u>document</u> that shares more about the curriculum. You may also check out their <u>website</u> for additional information or reach out to me if you have any questions. Our first lessons have been about Respect, which includes respect for ourselves, others and things and then our next lessons will focus on Caring and Inclusiveness



RANDOM ACTS of KINDNESS FOUNDATION®



Forward Testing

Forward Testing is fast approaching and will be happening throughout March and April. The testing dates will be the following:

Thursday, 3/21 Tuesday, 3/26 Wednesday, 3/27 (8th only) Thursday, 4/11 (8th only) Wednesday, 4/17 Thursday, 4/18

Some things that students can do to help them be more successful during testing and life are:

• Get plenty of sleep



• Eat a healthy diet



• Drink plenty of water

Kids Total Daily Beverage and Drinking Water Requirements

Age Range	Sex	Cups/Day
4 to 8 years	Girls and Boys	5
9 to 13 years	Girls	7
	Boys	8
14 to 18 years	Girls	8
	Boys	11

- Be physically active
- Limit time on electronics
 - It's always good to communicate with students about social media and online safety and here are some websites with some good tips and conversation starters.
 - Conversation starters for tweens Netsafe social media and online safety helpline
 - o Conversation starters for teenagers Netsafe social media and online safety helpline
- Have routines before school and after school



Family Resources

- DMS Counseling (google.com)
- GuidetoSnapchat English.pdf (ctfassets.net)
- <u>Digital Citizenship Resources for Family Engagement | Common Sense Education</u>
- We Can All Prevent Suicide: Lifeline (988lifeline.org)





• If families need assistance with food for the weekends, please reach out to me at ijenkins@draschools.org to learn more about the Dodger Food Locker



LATEST FROM THE LIBRARY

Battle of the Books Team Competes in State Competition

DMS students Josie Anderson, Ben Engel, Elise Engel and Sidney Stefkovich participated in the statewide WEMTA Middle Level Battle of the Books Competition on February 20th. The students worked hard and spent over two hours answering questions related to the 20 books on this year's list! The winners will be announced at the WEMTA Conference in early March, so we will have an update in April about their ranking.

Classroom Connections



March is going to be a busy month in the library as Ms. Spady collaborates with 6th, 7th, and 8th grade teachers and students. Mrs. Fuerstenberg's 6th grade ELA classes will be reading Newbery-award winning books from the library and presenting a project to their classmates about their chosen book. In 7th grade, Mrs. Hottmann's ELA classes will be working on persuasive writing and producing

accompanying infographics. Later in March and in April, 8th graders in Mrs. Reeson's ELA and Mrs. Anderson's U.S. History classes will be reading historical fiction books from our collection, conducting background research about that related era of history, and completing a related multimedia project demonstrating their new knowledge.



Erin Soderberg Downing Visits

We were so excited to welcome author Erin Soderberg Downing to our district on February 7th, to talk about her new middle-grade novel, *Just Keep Walking*. Both students and staff appreciated learning more about her writing process and her overall inspirational message of the importance of perseverance and resilience in life. Thank you to everyone who supported this visit by purchasing books for students, and to those of you who also stopped by on Thursday evening to visit with Ms. Downing at The Republic of Letters bookstore.



March Book Displays and Programming







We are getting ready for spring with lots of celebrations, including: Women's History Month, Irish heritage, and March Madness.

- Women's History Month
- Celebrate Irish Heritage, Luck and Rainbows
- March Madness: Books About Basketball

Beanstack: March's "Read Across America" Challenge

In honor of Read Across America Week (March 2-6, 2024), students and staff members can log their reading minutes and complete the new reading challenge for the month of March at: https://dodgevillemhs.beanstack.com



~ "The Library Ladies:" Ms. Spady, Mrs. Olson, and Mrs. Chapiewsky



SAVE THE DATE for FAMILY LITERACY NIGHT

Wednesday, May 1, 2024, 4-6 PM at both DES and DMS Activities at DMS:

- Author Visit During the Day
- Book Fair
- Reader's Theater Presentations
- Literacy Games
- Snacks
- Prizes

DMS SPORTS

TRACK AND FIELD for 6th-8th Grade

DMS middle school track and field practice will begin on Monday, March 25th. Practices over spring break will be optional. Meanwhile anyone interested in track and field for middle school will need to get all paperwork in before March 25th to the DMS office. The sport fee is \$15.00 and MUST be paid prior to the first meet. Yes, 6th graders are able to participate in middle school track.

Track 2023 - 24

Date	Opponent H / A Dismissa		Dismissal	Start Time
Thursday, April 11	Southwestern Invite	A	TBA	4:00 p.m.
Thursday, April 18	Dodgeville Invite	Н	***	4:00 p.m.
Monday, April 22	Prairie du Chien Invite	A	TBA	4:15 p.m.
Thursday, April 25	Dodgeville Invite	Н	***	4:00 p.m.
Tuesday, May 7	Lancaster Invite	A	TBA	4:00 p.m.
Thursday, May 9	Richland Center Invite	A	TBA	4:00 p.m.





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice of Milk 1% White Fat Free Chocolate	2nd Entrée Choice Peanut Butter and Jelly Sandwich	Breakfast menus Posted in Kitchen		1. Fish Patty w/cheese Tater Rounds Cole Slaw Pineapple WG Bun
4. Pizza Hut Sausage Romaine Seasoned Peas Peaches Sidekick	5. Ham Sliders Chicken Noodle soup Cucumber slices Strawberries Crackers	6. Chicken Nuggets Mashed Potatoes Corn Mixed Fruit Dinner Roll	7. Walking Taco Tri Taters Refried Beans Lettuce, Diced Tomato Pears Tortilla Chips	8. Grilled Cheese Wedge Fries Romaine Baby Carrots Applesauce Dinner Roll
11. No School PD Day Head Start Dodger Care	12. Chicken Strips Rice Broccoli Lettuce Salad Peaches Dinner Roll	13. Mini Corn Dogs Curly Fries Baked Beans Mixed Fruit Dinner Roll	14. Italian Pasta bake Lettuce Green beans Pears Garlic Bread	15. Cheese Omelet French Toast Sticks Hash browns Applesauce Juice
18. Pizza Hut Pepperoni Seasoned Carrots Lettuce Salad Pears Side Kick	19. Spaghetti Lettuce Salad Cucumbers Applesauce Breadsticks	20. Noon Dismissal Sack Lunch Ham/Turkey String Cheese Apple slices, Carrots Sun chips Treat	Popcorn Chicken Mashed Potatoes Corn Mixed Fruit Dinner Roll	Cheese Quesadilla Wedge Fries Lettuce Diced Tomatoes Peaches
25. Mozzarella Dippers Marinara Sauce Wedge Fries Lettuce Salad Pears	26. Chicken Patty Mashed Potatoes Corn Peaches Bun	27. Hot Dog Tater Tots Baked Beans Pickles Mixed Fruit Bun	28. Orange Chicken Rice Broccoli Mandarin Oranges Fortune Cookie Dinner Roll	29. No School

Menu subject to change without notice.

This institution is an equal opportunity employer.

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					DMS FFA F.I.R.E Conference - SWTC 8:00 a.m 4:00 p.m.	Middle School Solo Ensemble at Dodgeville High School
3	FFA Meeting at DHS - 7:00 p.m.	5	6	7	FFA Donkey Basketball at DHS - 7:00 p.m.	9
Daylight Savings Time Begins	No School - Professional Development Day	12	13	14	15	16
17	18	Nelcome Spring	20 End of Term 3 Students dismissed at noon	21	22	23
FFA Banquet - DHS	DMS Track Practice Begins	Dodgeville Music in Our Schools Showcase - 6:00 p.m DSD Auditorium	27	28	NO SCHOOL	30
31						